

Hope seems like a small thing but it is the only thing that can keep you focussed. When you are facing a difficult time, it is easy to lose all your optimism and think that life has nothing better to offer. However, hope helps you to move forward. Problems are a part of life because without pain, there is no gain. In such situation, if you lose hope then you can never get out of the trouble and live your **80** life to the fullest. So, hope is the little miracle that holds your life together. If you look at the lives of any successful persons, you will see that they did not have it easy. All they had was hope that one day, they will change the things around them. This is the spirit you need to get in life. The thing with hope is that it gives you the spirit to move forward in life. You start to believe **160** that your problems are not a permanent issue. Hope breeds optimism and faith. It is

impossible to run away from the problems. They will be in your life again and again. So, if you want to live the life to the fullest then you better get hopeful to deal with them. Failure is normal. Until and unless you face failure in life, you cannot understand the value of success. In times of failure, you have to cling hope to work²⁴⁰ towards success in life. When you do not lose hope then you open yourself to learning. You get to know about your strengths and your weaknesses. Happiness is a feeling which is at its best when it is shared. So, it is important to surround yourself with happy and positive people to enhance your happiness. Happy people spread happiness and good vibes wherever they go. It might sound strange but it is completely true. There is a simple way to achieve happiness in your everyday life.³²⁶